Health Tips:

~Living Longer - Living Stronger

December 2, 2008

Bay Pines VA Healthcare Facility
10,000 Bay Pines Blvd.
Building 100
First Floor

J.C. Cobb Activity Room
1 PM to 4 PM

Come join the Advance Practice Nurses at Bay Pines.

Learn about ways to:

- Stay strong
- Increase stamina
- Prevent health problems
- Enhance your sex life
- Improve your sleep
- Stay alert
- Have more fun

Pick up information to take home to share with others.
Sponsored by the Bay Pines Advance Practice Nurses.

Open to the public.